

Camps Connect Kids with Nature

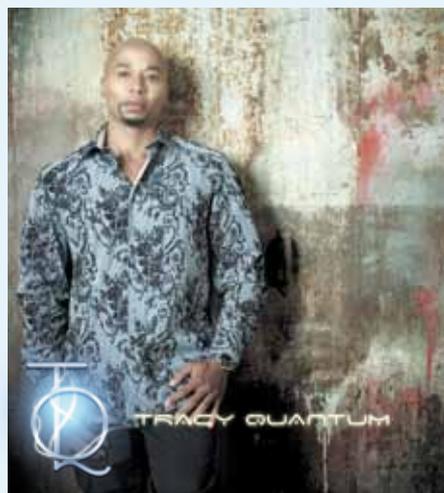
From May 30 to June 3, Oakhurst Garden will host Kids Go Wild Story, Art and Nature Camp. Join professional storyteller Christy Foelsch and her Kids Go Wild team for a journey of stories that come to life. Hands-on activities help kids develop an understanding of the world around them and how they can have an impact on their environment and in their community.

For information and registration visit KidsGoWild.me.

Truly Living Well Urban Farm will host three, one-week camp sessions for kids ages 6 to 14 in June and July. The farm camp's mission is environmental stewardship and the consumption of healthier foods. This goal is accomplished by engaging campers physically, mentally and emotionally and teaching them to build, grow and sustain an organic farm.

Camp days are divided into activity blocks, each with a specific theme. Mornings are spent actively caring for a farm, while afternoons are focused on reflection and discussing how food and agriculture affect the planet.

For information call 678-662-9225 or visit TrulyLivingWell.com.



Tracy Quantum Speaks Out

Tracy Dyson, aka Atlanta-based Meditation Coach Tracy Quantum, will appear at the Georgia Transplant Foundation—Trends in Transplant symposium, at Berry College, in Mount Berry, Georgia, May 14, to present a program, Meditation: How to Unleash your Full Potential Through a Peaceful Mind. He encourages transplant candidates, recipients, living donors and their families to attend.

In June, Quantum will be a featured speaker at the inaugural Festival of Enlightenment, from June 13 to 19, in Conifer, Colorado, outside Boulder. The festival features dozens of New-Age inspired authors, speakers and musicians, and Quantum will focus upon Youth Empowerment & Quantum, addressing the topics of bullying, corporate meditation programs and new frontiers in self-realization.

In Atlanta, Dyson offers meditation coaching and consultation and is active in championing efforts regarding brain injuries to veterans, women's organized labor, youth issues, homelessness and sustainable growth.

For more information, visit Berry.edu, GaTransplant.org, FestivalofEnlightenment.com and TracyQuantum.com. See ad, page 7.

An Empowered Approach to Integrative Women's Health & Wholeness



Jann A. Jennelle, PT, LMT, a registered physical therapist since 1983 and licensed massage therapist, has created a new, comprehensive therapeutic method, Guided Motion. Her method is a seamless synthesis of manual therapy, movement training and the healing arts for gentle, integrative, hands-on care. In this client-centered approach, the inherent wisdom of the body is engaged to establish the essential foundations of health and wholeness—palpable awareness and appreciation of our divinity, of the natural cycles and rhythms of life force and of the innate directives toward embodying and embracing higher truths and purpose.

Jennelle's approach includes an integrative specialty program for Women's Health & Wholeness. She has a sensitive understanding that a woman's pelvis and reproductive tract may be subjected to stresses and traumas that create inflammatory responses, infection, pain and/or dysfunction.

Physical treatment of women's health issues in the Guided Motion system may include postural and movement awareness techniques, manual therapy to restore joint and tissue mobility, pelvic floor manual release techniques (internal and external), core and pelvic floor strengthening and relaxation training. A physician's referral for physical therapy to address a specific condition is required for this portion of the program.

Jann offers onsite healing intensives in a beautiful, serene environment for those who want to immerse themselves deeply in self-discovery. She welcomes all inquiries and is available for a free 30-minute consultation through the month of July by appointment at her Roswell location.

For more information, call 678-431-7096, email JannJennelle@yahoo.com or visit GuidedMotion.com. See ad, page 13.

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Editor@naAtlanta.com

Deadline is the 5th of the month.